

**YOUR FUTURE
YOUR CHOICE**



True Martial Arts is a way of life.

Fitness-Discipline-Self protection-Friendship-Confidence

Our Martial Artists training is a Karate and self defense program designed specifically for children . The classes focus on developing strong bodies, sharp minds, and rock-solid moral foundations in children. The class develops motor skills and mental focus while teaching martial arts in a socially interactive environment. Throughout the training we emphasize discipline, integrity, perseverance, self-confidence, and teamwork.

We are members of the English Karate Federation, the World Karate Federation's appointed representative in England. Our students therefore have access to a very wide range of courses and competitions. For the most able and ambitious we can provide a path to national and international competition representing England.

All our instructors are CRB and First Aid trained and we have child protection policies in place. We issue licences to all our students which in turn provide the required insurance. West Bromwich Karate Kai welcomes all students, from absolute beginners to seasoned karate ka

WHO ARE WE.

We are one of the oldest and most established clubs in Great Britain. We do not sell our selves as must have latest craze or super heroes. We have always trained in traditional Wado Ryu karate through hard work, discipline and dedication. There is no quick way and you can't buy it. But some will charge you a fortune before you find that out.

IMPORTANT QUESTION (how much will it cost).

We do not charge a joining fee or membership fee you simply pay for training only when you attend .Each class is £4.00.you only need to purchase a licence for membership to our national governing body (EKF) which includes insurance cover at a cost of £30.00 per/year.

EQUIPMENT REQUIRED.

You should first train in loose fitting clothes for ease of movement (tee shirt and track suit pants are ideal) Only when you feel you will continue should you invest in a suit. We have our own supplier of suits at a reduced cost for you.

Two new venue's for 2010.

Walsall Sports Centre. Broadway,Walsall ,West Midlands WS1 3BD.

Entrance through Magdalene Road, opposite Walsall golf club.

Reception ph 01902 518 900 Each Thursday 5.00 to 6.00pm.

Cost £4.00 all ages from 6 years .

Please use the contact us page to reserve your place www.westbromwichkarate.co.uk

Baggeridge Social Welfare Centre.The Straits,Lower Gornal,West Midlands DY3 3AA

Known locally as the miners club. Opposite Straits Primary School

Phone 01384 255 501 Each Wednesday 7.00 to 8.00pm.

Cost £4.00 all ages from 6 years

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